

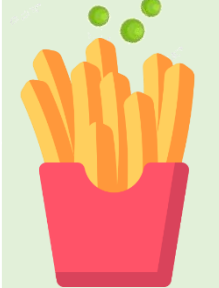


LUNCH MENU - WEEK 1

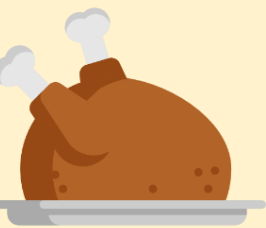


4th & 25th Nov - 16th Dec 2024 - 20th Jan - 10th Feb - 10th & 31st Mar 2025

Malted, Wholemeal Sliced Baguettes, Low Fat Yoghurts, Milk and Water available daily. All Special Diets catered for.



| Meat Free Monday | Tasty Tuesday | Roast it up Wednesday | Treat yourself Thursday | Finish it off Friday |
|---|---|--|--|--|
| Margherita Pizza | Beef Lasagne | Roast Turkey & Stuffing | Big Brunch, Sausage, Bacon & Omelette | Fish Fingers |
| Halloumi Stuffed Peppers | Veggie Chilli & Rice | Cauliflower & Broccoli Bake | Veggie Brunch Sausage & Omelette | Vegan Nuggets |
| Jacket Potato with Tuna, Beans or Cheese | Jacket Potato with Tuna, Beans or Cheese | Jacket Potato with Tuna, Beans or Cheese | Jacket Potato with Tuna, Beans or Cheese | Jacket Potato With Tuna, Beans or Cheese |
| Pasta or Wholegrain Rice & Mixed Vegetables | Garlic Bread, Green Beans & Corn on the Cob | Roast or Mash Potato, Carrots, Cabbage & Gravy | Chopped Tomatoes, Baked Beans, Mushrooms & Hash Browns | Chips, Pasta, Sweetcorn, Peas & Tomato Sauce |
| Strawberry Mousse with Fruit Coulis | Carrot Cake | Ice Cream | Apple Crumble & Custard | Date & Rice Krispie Cake |

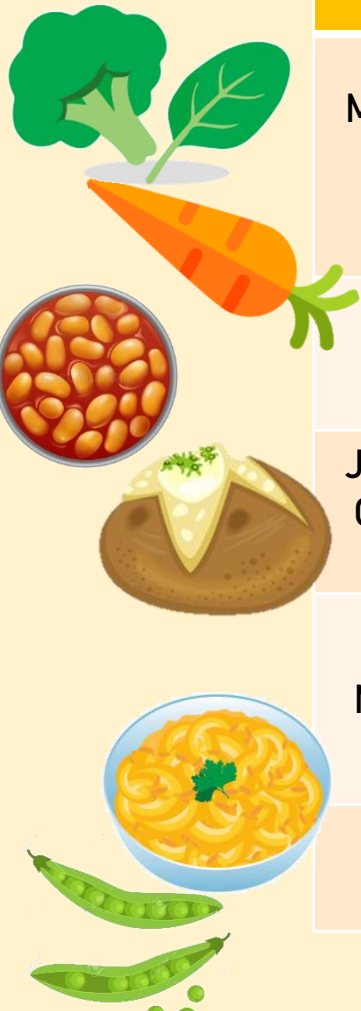


LUNCH MENU – WEEK 2



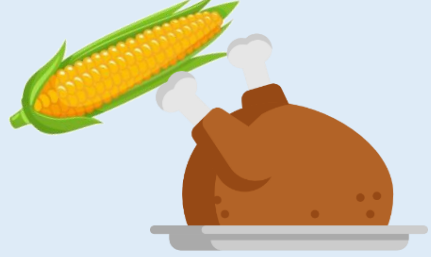
11th Nov – 2nd Dec 2024 – 6th & 27th Jan – 24th Feb – 17th Mar 2025

Malted, Wholemeal Sliced Baguettes, Low Fat Yoghurts, Milk and Water available daily. All Special Diets catered for.



| Meat Free Monday | Tasty Tuesday | Roast it up Wednesday | Treat yourself Thursday | Finish it off Friday |
|--|--|---|---|--|
| Mozzarella topped Mediterranean Pasta Bake | Beefy Macaroni Cheese & Crusty Bread | Roast Chicken & Stuffing | 100% Beef Burger in a Bap with Diced Potatoes | Crispy Salmon Wrap with Salad & Mayo |
| Veggie Burger & Pasta | Cauliflower Bites & Diced Potatoes | Cheese Wheels | Veggie Curry with Wholegrain Rice | Vegan Sausage Roll |
| Jacket Potato with Cheese, Beans or Tuna | Jacket Potato with Cheese, Beans or Tuna | Jacket Potato with Cheese, Beans or Tuna | Jacket Potato with Cheese, Beans or Tuna | Jacket Potato with Cheese, Beans or Tuna |
| Mixed Vegetables | Peas & Sweetcorn | Roast or Mash Potato with Fresh Broccoli, Sliced Carrots, & Gravy | Tomato Sauce, Corn on the Cob or Green Beans | Chips, Pasta, Peas or Baked Beans |
| Fruit Smoothie | Fruit Jelly | Cheese, Apple & Crackers | Chocolate Cake & Chocolate Sauce | Fruity Flapjack |





LUNCH MENU – WEEK 3

18th Nov – 9th Dec 2024 – 13th Jan – 3rd Feb – 3rd & 24th Mar 2025



Malted, Wholemeal Sliced Baguettes, Low Fat Yoghurts, Milk and Water available daily. All Special Diets catered for.



| Meat Free Monday | Tasty Tuesday | Roast it up Wednesday | Treat Yourself Thursday | Finish it off Friday |
|---|--|---|--|---|
| Mac Cheese & Spring Onion Bake & Crusty Bread | Pork Meatballs in Rustic Tomato Sauce with Pesto Pasta | Roast Gammon & Pineapple | BBQ Chicken Goujons | Breaded Fish Fillet |
| Plant Based Meatballs "Sub" with Tomato Sauce | Veggie Lasagne | Quorn Fillet | Cheese Pasty | Vegan Nuggets |
| Jacket Potato with Cheese, Beans or Tuna | Jacket Potato with Cheese, Beans or Tuna | Jacket Potato with Cheese, Beans or Tuna | Jacket Potato with Cheese, Beans or Tuna | Jacket Potato with Cheese, Beans or Tuna |
| Carrots & Green Beans | Sliced Carrots & Cauliflower | Roast or Mash Potato, Fresh Broccoli, Cabbage & Gravy | Peas & Corn on the Cob | Chips, Pasta, Mixed Veggies, Baked Beans & Tomato Sauce |
| Fruit Smoothie | Pineapple Cake | Custard Biscuit with Fruit Juice | Raspberry & Apple Crumble with Custard | Chocolate Browning |